

## SMS TERMS & CONDITIONS

Performance+ Chiropractic

These SMS Terms & Conditions govern the use of text messaging services provided by Performance+ Chiropractic. By opting in to receive SMS communications, you agree to the terms outlined below.

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### 1. SMS CONSENT COMMUNICATION

The information, including phone numbers, obtained as part of the SMS consent process will not be shared with third parties or affiliates for marketing purposes.

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### 2. TYPES OF SMS COMMUNICATIONS

If you have consented to receive text messages from Performance+ Chiropractic, you may receive messages related to the following:

- Appointment reminders
- Appointment confirmations or scheduling updates
- Follow-up messages regarding care or treatment
- Billing inquiries or account notifications
- Responses to patient questions or service requests

Example:

"Hello, this is a friendly reminder of your upcoming appointment with Performance+ Chiropractic on [Date] at [Time]. Reply STOP to opt out of SMS messaging at any time."

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### 3. MESSAGE FREQUENCY

Message frequency may vary depending on the type of communication.

Example:

"Message frequency may vary. You may receive up to 6 SMS messages per week regarding your appointments or account status."

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### 4. POTENTIAL FEES FOR SMS MESSAGING

Standard message and data rates may apply depending on your mobile carrier's pricing plan. Fees may vary if messages are sent domestically or internationally.

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## 5. OPT-IN METHOD

You may opt in to receive SMS messages from Performance+ Chiropractic through the following methods:

- By submitting a paper/ electronic form
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## 6. OPT-OUT METHOD

You may opt out of receiving SMS messages at any time by replying STOP to any SMS message you receive.

Alternatively, you may contact our office directly to request removal from our messaging list.

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## 7. HELP

If you experience issues with SMS messaging, you may reply HELP for assistance or contact us directly:

Website: <https://www.performancepluschiro.com/>

Phone: 248-232-1802

Email: [philippdc@performancepluschiro.com](mailto:philippdc@performancepluschiro.com)

If you do not wish to receive SMS messages, you may choose not to check the SMS consent box on our forms.

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## 8. STANDARD MESSAGING DISCLOSURES

- Message and data rates may apply.
- You can opt out at any time by texting STOP.
- For assistance, text HELP or visit our Privacy Policy and Terms & Conditions pages.

For assistance, text HELP or visit our Privacy

Policy [https://www.performancepluschiro.com/files/ugd/9c7a04\\_f55a0907c2b1470bbcad6e50fdc3991.docx?dn=%20Privacy%20Policy%20Final%20.docx](https://www.performancepluschiro.com/files/ugd/9c7a04_f55a0907c2b1470bbcad6e50fdc3991.docx?dn=%20Privacy%20Policy%20Final%20.docx) and Terms &

Conditions [https://www.performancepluschiro.com/files/ugd/9c7a04\\_ed87abace2374cfd9e800c6eb6709cfc.docx?dn=SMS%20TERMS%20and%20CONDITIONS.docx](https://www.performancepluschiro.com/files/ugd/9c7a04_ed87abace2374cfd9e800c6eb6709cfc.docx?dn=SMS%20TERMS%20and%20CONDITIONS.docx) pages.

- Message frequency may vary.

## 9. EMAIL COMMUNICATIONS

If you provide your email address to Performance+ Chiropractic through our website forms, scheduling tools, or other communication methods, you may receive email communications related to:

- Appointment confirmations and reminders
- Follow-up communication regarding care or treatment
- Responses to patient inquiries or service requests
- Administrative notifications related to your account or appointments
- Educational information or updates relevant to services offered by Performance+ Chiropractic

You may unsubscribe from marketing or informational emails at any time by clicking the "unsubscribe" link included in our emails or by contacting our office directly.

Performance+ Chiropractic does not sell, rent, or share your email information with third parties for marketing purposes.

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## CONTACT INFORMATION

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